

Congestive Heart Failure

When to Notify the Nurse



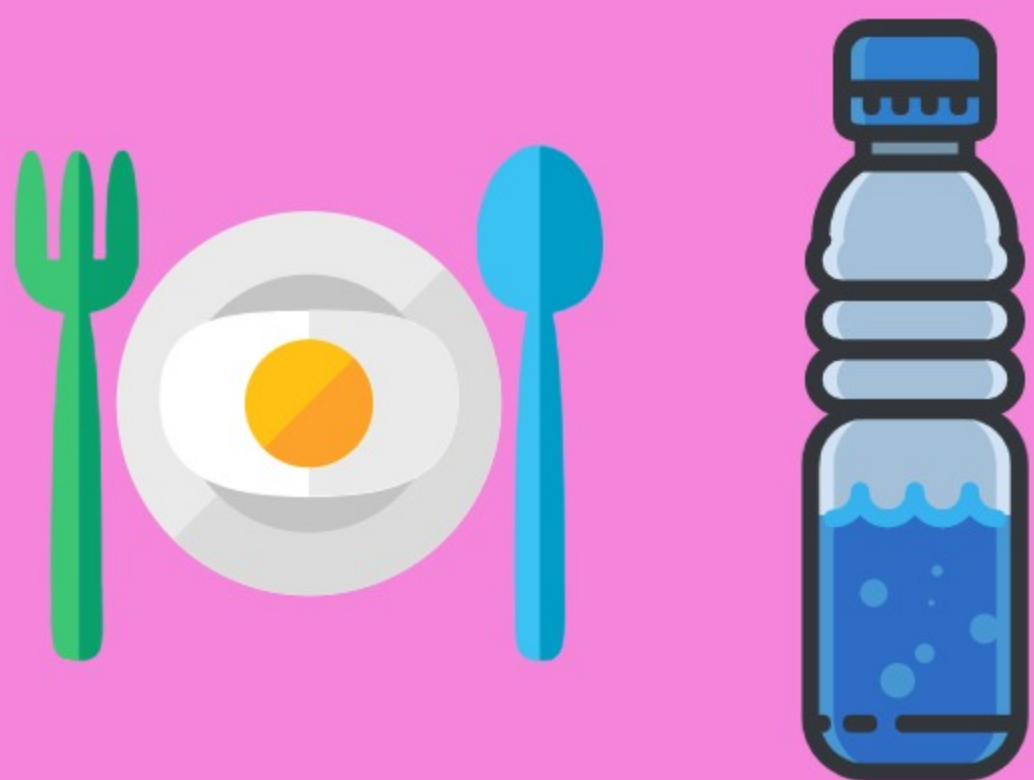
Weight Gain

If your resident is ordered weights, it is important to notify the nurse when there is a sudden weight gain. This is indicated by 2-3 pounds in a day or 5 pounds in a week.



Breathing Changes

Notify the nurse if your resident is complaining of difficulty breathing at rest. It is also important to notify the nurse if your resident requests more pillows to sleep at night in order to prop themselves up.



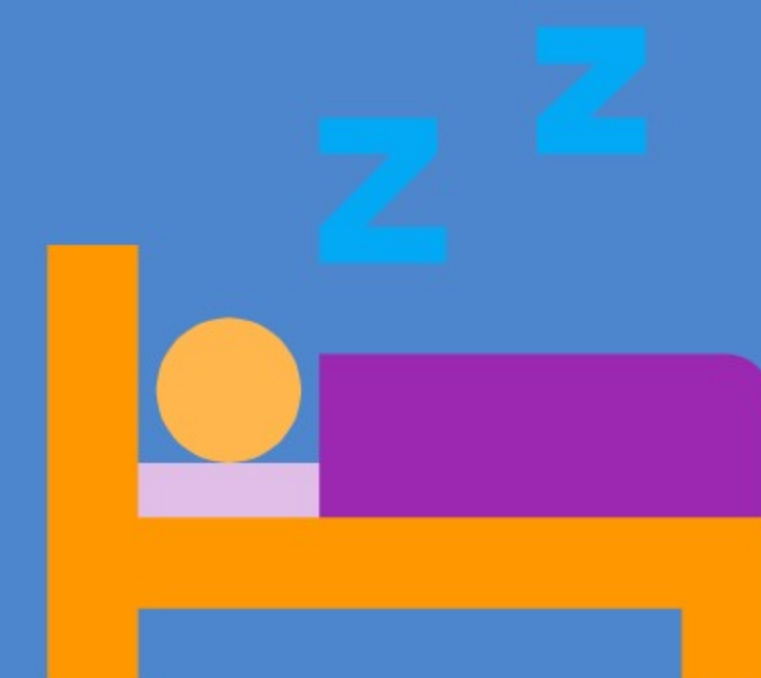
Decreased Appetite

Nausea or decreased appetite can indicate an exacerbation of CHF so it is important to notify nurse if resident is not eating normally.



Increased Urination at Night

If your resident is requesting to use the restroom more frequently at night document and notify nurse.



Decreased Activity

Notify the nurse if your resident needs more assistance completing ADLs or if they are getting tired easily and often.