

5 Tips

To Prevent Urinary Tract Infections

1



Lots of Liquids

It is important to offer a lot of liquids, especially water to residents because it will help to increase urination. This will help to flush out any bacteria from the urinary tract.

2



Toileting Assistance

Ensure that your residents are wiping from front to back after urination and bowel movements to prevent bacteria from spreading.

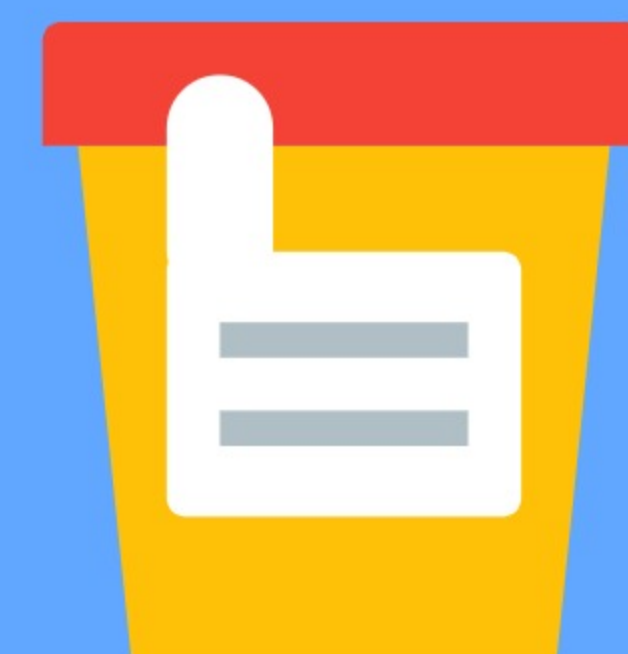
3



Incontinence Care

Incontinent residents are at an increased risk of developing UTIs. Be proactive in assisting incontinent residents and change undergarments frequently.

4



Catheter Care

When working with residents that have indwelling urinary catheters, make sure that the bag is adequately emptied, not twisted or kinked, and below the level of the bladder.

5



Hand Hygiene

Maintain good hand hygiene when working with residents that have urinary catheters